

# ***Restoration Vein Care - Sclerotherapy***

## **Preparation for Injections**

1. Do not shave, use bath oil, lotion, or tanning products on your legs the day of your injections.
2. Bring a pair of loose fitting shorts **and** your compression stockings with you on the day of your injections if required by your physician.
3. Wear loose fitting clothing and a comfortable pair of shoes. Some patients will be wearing their compression stockings home.

## **Compression Stockings**

The need to wear compression stockings after your sclerotherapy session will be determined by your physician based on the size of the veins being treated. Wearing compression hosiery may be an important part of your therapy as it prevents blood from re-entering the injected veins. You may purchase compression stockings through our office. It is best to purchase the stockings before your first sclerotherapy appointment to practice putting your hose on to ensure they fit properly.

Our product line includes knee high and thigh high stockings. The price of our stockings ranges from \$20.00-\$50.00 depending on the style and level of compression.

Some insurance companies cover the cost of compression stockings. You may want to contact your insurance company to verify your policy. If your insurance does reimburse for compression stockings, you will need to purchase your stockings from a licensed durable medical equipment (DME) provider. Please let us know and we will give you a prescription and help you find a local DME retailer.

Feel free to contact our staff should you have additional questions or concerns.

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## **After your Injections**

Contact our office if you develop any redness, swelling or discomfort in any area **other** than your injection site.

If your physician prescribed compression stockings for you, do not remove your stockings for the first 48 hours after your treatment. This is an important part of your therapy as it prevents blood from re-entering the injected veins. After 48 hours, you may remove your stockings and any gauze pads that were placed over your injection sites. If you have sensitive skin, a shower or lukewarm bubble bath may be a convenient way to loosen the tape over the gauze pads. You should continue wearing your compression stockings for 5 more days post treatment during waking hours. This helps the vein walls adhere together to establish effective sclerotherapy.

It is normal for your injections sites to look worse before they look better. You can expect to experience bruising and discoloration at your injection sites. You can also expect hardness along the course of the veins that were treated. This will fade over a period of several weeks to months.

You will be able to maintain normal activities. Walk at least 10 minutes every 2 hours while awake – the more the better. Avoid strenuous physical activities such as high-impact aerobics, jogging, vigorous swimming or lower body weightlifting for 1 week.

Please feel free to contact our staff should you have additional questions or concerns.

### **AFTER HOURS:**

**If you have questions after your procedure during off-hours, you may call the office at 734.712.4310 and have the on-call physician paged to phone you.**

*For your convenience, Restoration Vein Care will call your insurance company to verify pre-determination for the procedures performed in our office. We will NOT inquire about financial information; co pays, deductibles, percentage covered etc... Ultimately, it is your responsibility to know your insurance coverage and benefit policy.*

*It is your responsibility to confirm any possible out-of-pocket cost with your insurance provider. The procedure codes and diagnosis codes are listed below. If you have any questions about financial coverage; co pays, deductibles, percentage covered, or benefit policy, please contact your insurance company directly.*

Procedure Code: \_\_\_\_\_

Diagnosis Code: \_\_\_\_\_

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